



Cousins Training  
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# Falls Prevention



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### Does your workforce know how to prevent falls?

Falls from height remain the most common cause of workplace fatality.

Last year, there were 35 fatalities, 4,654 major injuries and a further 7,065 falls from heights that caused staff to take more than 3 days off work.

HSE Executive

### Who is falls prevention training for?

Whether your staff use step-ladders to reach files and stack shelves or work on construction-site scaffolding, they need to know how to prevent falls. This training is required for any business where employees or contractors are required to work at height. The course is also applicable to the self-employed.

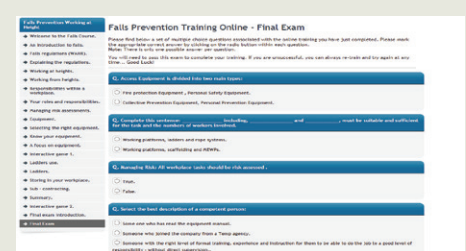
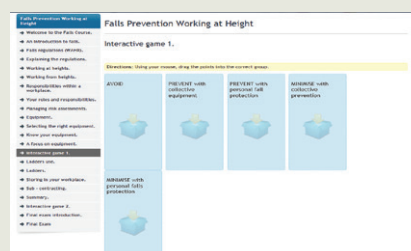
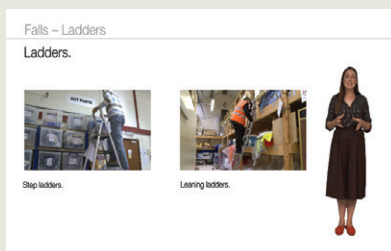
### What does the falls prevention course cover?

This falls prevention course covers:

- The roles and responsibilities of employers when it comes to falls prevention.
- How to reduce the risk of falls in the workplace.
- The safe use of equipment, such as ladders and guardrails.
- How to comply with the Work at Height Regulations 2005.

### What is the benefit of falls prevention training for your business?

This training helps employers and business owners to comply with health and safety regulations while protecting staff from fall-related injuries. Staff can complete their training at any time to suit your needs.



Video Presentations.

Interactive Games.

Final Exam – Certificates Provided.

**All businesses employing staff who work at height are required to provide training to reduce the risk of falls.**

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